

Community Hubs Weekly Timetable

Please find below a list with all the activities that Linstone 2020 supports in the community.

In the attachment you can find flyers.

If you have any question please don't hesitate to get in touch. Thanks!

Linwood

St Conval's, Greenfarm Rd, Linwood, PA3 3HB

Monday:

Line Dancing(over 60s): 10am - 12pm

Qigong(gentle exercise for over 60s): 1pm - 3pm

Linstone Housing Association, 17 Bridge Street, Linwood, PA3 3DB

Wednesday:

Welfare Rights: 2pm - 4pm

Langholm Community Hub: 0A Belmar Court (high-rise flats)

The space can be hired: contact Betty Scott on 01505344315 or

elizabethmtscott@gmail.com

Monday:

Credit Union(1st Monday of the month)- 9.30am - 10.30am

Craft Making - 2pm - 4pm

Tuesday:

Toddle Tots: 9.30am - 10.30am

Tai Chi: 11am - 12pm

Active Communities Walking Buddies: 1pm - 2.45pm

Advice Works: 1pm - 4pm

Community Garden Meeting(5th March): 6pm - 7pm

Wednesday:

Energy Advice(20th March): 11am - 12pm

Bingo: 1.45am - 3pm

Thursday:

Dolled Up(Beauty Salon – Selected days. Book appointments before

Wednesday: 07532149308(Vicky)): 9.30am - 3pm

Music Café(Ages 60+): 1pm - 3pm

Friday:

Car Club: 9am - 10am

Fish, Chips and a Quiz: 12pm - 4pm

Johnstone

Maple Drive Community Hub: G/R 31 Maple Drive, PA5 9SX

Monday:

Craft Club: 10.00am - 11.30am

Tuesday:

Knitting Club: 12.30pm - 2.30pm

Wednesday:

Drop-In: 09.00am - 3.30pm

Energy Advice(13th March): 11am - 12pm

Gaming Club: 6.30pm - 8pm

Thursday:

Welfare Rights & Income Team: 10.30am - 11.30am

Sandyflats Community Hub: 28 Longmeadow Street, PA5 8PU

Monday:

Free First Aid for Families(11th March): 10am - 1pm

Free First Aid for Families(25th March): 1pm - 4pm

To book a space on the First Aid contact Pam (pdawson@linstone.co.uk / 07376265278) or Jayne Drennan (jdrennan@linstone.co.uk / 07950544709)

Wednesday:

Energy Advice(27th March): 11am - 12pm

Thursday:

Youth Drop-In: 3.30pm - 6pm

These 2 spaces can be hired for community events: contact Jayne Drennan at 07950544709 or jdrennan@linstone.co.uk