



Rape Crisis National Prevention Programme

The Rape Crisis National Prevention Programme delivers high-quality evidence-based educational workshops to young people in schools and youth settings across Scotland. Prevention workers are based in local Rape Crisis centres and can work with teachers and youth workers to plan programmes to meet their needs. The programme is coordinated by Rape Crisis Scotland.

**RAPE
CRISIS
SCOTLAND**

www.rapecrisisscotland.org.uk

We acknowledge the support of the
Scottish Government through the
CYPFEIF and ALEC Fund and the
Violence against Women and Girls Fund.





What do teachers say?

Teachers express concerns about early sexualisation, inappropriate or abusive sexual relationships and young people's use of social media including bullying. Here are some of their comments on the programme:

“The prevention worker developed a good relationship with the class, she set the scene well and explained why her visit was so important.”

“I was very impressed with layout of pack and resources... The pack tied in well with what is already being delivered within the curriculum.”

“Thought materials were very suitable to age group e.g. lyrics to songs they listen to; and video clips were ‘bang on for the group’”

“At the start she produces a laminated information sheet to let us know what she is covering, she checks that out with us immediately. She is calm, everything is measured, it is planned, the materials are excellent.”

Key facts about the programme:

It complements the Curriculum for Excellence

The programme draws on a wide range of evidence from research and practice, and is designed to contribute to Curriculum for Excellence Health and Wellbeing Experiences and Outcomes, and other key frameworks such as *Getting it Right for Every Child*. It is funded by the Scottish Government and makes a key contribution to *Equally Safe*, Scotland's strategy for preventing and eradicating violence against women and girls.

It is externally evaluated and evidence-based

Our external evaluation findings indicated the programme is highly effective in improving young people's knowledge and attitudes in relation to sexual violence. You can read the full evaluation at www.rapecrisisscotland.org.uk/prevention-work/.

It is adapted for age and stage

The programme contains a range of materials adapted for different ages and stages from secondary upwards. It offers a safe space to support young people to develop positive attitudes and behaviours by looking at key issues such as consent, gender stereotypes, the influence of media and pornography and how to access support, including key information such as the law.

Arranging programmes and partnership working

Rape Crisis centres around Scotland are delivering workshops, and we work closely with partner agencies and local strategic working groups. Please get in touch if you'd like to arrange programmes or discuss ways of working together. Contact your local centre or prevention@rapecrisisScotland.org.uk.

Edinburgh Rape Crisis Centre

(Edinburgh and Lothians): info@ercc.scot

Fife Rape and Sexual Assault Centre: info@frasac.org.uk

Forth Valley Rape Crisis Centre:

contact@forthvalleyrapecrisis.org.uk

Lanarkshire Rape Crisis Centre: info@lanrcc.org.uk

Orkney Rape Crisis: contact@orkneyrapecrisis.scot

Glasgow & Clyde Rape Crisis (Greater Glasgow and Clyde): info@rapecrisiscentre-glasgow.co.uk

Rape and Sexual Abuse Centre

Perth and Kinross: info@rasacpk.org.uk

Rape and Sexual Abuse Service

Highland: prevention@rasash.org.uk

The STAR Centre (Ayrshire):

admin@starcentreayrshire.org

Rape Crisis Grampian:

prevention@rapecrisisgrampian.org.uk

Scottish Borders Rape Crisis Centre: info@sbrcc.org.uk

Shetland Rape Crisis: contact@shetlandrapecrisis.scot

South West Rape Crisis and Sexual Abuse Centre: admin@rape-crisis.org.uk

Western Isles Rape Crisis Centre:

info@wircc.org.uk

Women's Rape and Sexual Abuse Centre

Dundee & Angus: info@wrasac.org.uk

Supporting young people's participation

We also support young people to get involved, and to take action about their own concerns. Here's some of their work.



Reclaim the Night march



Presenting at a conference



Summer school with Media-Coop



Expert panel at an event at Parliament