



Continuous Professional Development

Did you know that attendance and participation in this conference can count towards Continuous Professional Development (CPD). The Scottish Social Services Council (SSSC) also recognise this as continuous learning. If you require a certificate for your folio, please speak to the Reception staff.

Would you like to become a member of RAMH?

We provide monthly newsletters and information on forthcoming event, the opportunity to contribute to RAMH policy and planning and access to training events. This is an opportunity to take an active role in promoting mental health services locally. Speak to Reception Staff or contact us on enquiries@ramh.org or telephone 0141 847 8900.

VISION

Our vision is to deliver services to individuals and their families in their local community, to enable recovery from mental ill health and promote well-being.

RAMH provide a wide range of services, if you would like information on any of these please contact us by mail, phone or email at 41 Blackstoun Road, Paisley PA3 1LU, Tel Tel: 0141 847 8900. E: enquiries@ramh.org

www.ramh.org

RAMH is a Charity Registered in Scotland, SCO 10430



RAMH Annual General Meeting and Annual Conference

Exploring the effects of ACEs (Adverse Childhood Experiences) and Poverty

**Friday, 5th October 2018
Parklands Hotel
196 Ayr Road
EAST RENFREWSHIRE
G77 6DT**

To book a place at this conference please contact

reception@ramh.org

providing your name and contact number.

This conference is likely to be very popular and there is no charge for this conference, however a £20 cancellation fee will be charged for non-attendance.

Please let us know immediately if you need to cancel.

Please feel free to book for one or all of the sessions

Please advise us if you have any dietary requirements

SPEAKERS

Dr Michael Smith



Dr Michael Smith (MD, FRCPsych) is Associate Medical Director for Mental Health & Addiction Services in NHS Greater Glasgow and Clyde, a Visiting Professor at the Centre for Excellence for Looked After Children in Scotland (CELCIS) at the University of Strathclyde, and Honorary Clinical Associate Professor at the Institute of Health & Wellbeing at the University of Glasgow. He trained as a General Practitioner in Glasgow, and then as a psychiatrist in the West of Scotland and Melbourne, Australia. He was a founding member of the “see me” campaign against stigma in Scotland and set up the award-winning Doing Well depression programme in Renfrewshire. He worked with the Scottish Government’s Mental Health Collaborative from 2008-11 to rationalise the use of antidepressants in Scotland. His research interests are in depression, public mental health, and especially the influence of attachment and adverse childhood experiences. He is a founding member of the multi-agency Scottish Adverse Childhood Experiences Hub, hosted by NHS Health Scotland.

Darren McGarvey



'Orwell Prize 2018 Winner Darren McGarvey is an author, performing artist and columnist based in Glasgow. His best-selling 2017 book *Poverty Safari: Understanding the Anger of Britain's Underclass*, blended memoir, journalism and polemic to make an argument that even the left – as well as Conservatives – misunderstand the complexity of poverty as it is experienced and that many traditional ideas on both the left and right are dangerously outdated.' Darren brings a wealth of personal experience and understanding to a long overdue conversation about the culture of poverty in modern day Britain

PROGRAMME

Tea, Coffee & Registration	9.30-10am
Introduction to Annual Conference Stephen McLellan, CEO	10 -10.10am
Speaker: Dr Michael Smith (MD, FRCPsych) <i>ACEs (Adverse Childhood Experiences)</i>	10.10-11am
Questions for Michael	11am-11.15am
Comfort Break	11.15am-11.30am
Speaker: Darren McGarvey (“LOKI”) <i>Poverty and Mental Health</i> <i>Author of Poverty Safari</i>	11.30am-12.20pm
Questions for Darren	12.20pm-12.35pm
Panel Discussion on the current challenges facing our local communities	12.35pm-1pm
Lunch (Information and Craft stalls)	1pm-1.45pm
AGM Registration	1.30pm-1.45pm
AGM	1.45pm-2.30pm
Close	2.30pm