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The National Cyber Security Centre launch new exercising tool – Exercise in a Box

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The National Cyber Security Centre have launched a brand new and unique online cyber exercising tool called 'Exercise in a Box' which has been designed to enable organisations to understand their preparedness in managing and responding to cyber-attacks.

The tool provides exercises based on common cyber threats which your organisation can practise as many times as you want. It brings together everything you need for set up, planning, delivery and post-exercise activity, all in one place. You sign on, set your profile, pick your exercise (two types: discussion and a technical simulator), download the materials, and then do it in your own time, in a safe environment. There is a help facility should you need it, but the tool is designed to be a self-help product and you don't need to be an expert to use it. Best of all, it's FREE.

The exercises in this first iteration are designed for Small Medium Enterprises, Local Government and the Emergency Services, though other organisations could benefit from using it depending on their needs.

Exercise in a Box is a live tool which will keep evolving, based on user feedback, to ensure it stays current, relevant, and engaging. So please let NCSC know your thoughts and experiences of using the tool via a survey link inside the tool.

To see a video about the tool and to sign up please visit:

<https://exerciseinabox.service.ncsc.gov.uk/>

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