



Feel Good

Ferguslie!



Come along and have some fun trying out
some gentle exercise and activities.
Enjoy Tea/Coffee and a healthy breakfast.
Class is **FREE** to all people who live, work
or volunteer in Ferguslie Park.
Class starts Wednesday, 17th January
09.30am – 10.30am
Tannahill Centre,
76 Blackstoun Rd,
Paisley, PA3 1NR

Class is funded by Aspiring Communities Fund

For any additional information, please contact: Active Communities, 0141 258 9923
Or e-mail Lorraine@activecommunities.co.uk, find us on Facebook @ACommunities