



## Shared Care Scotland's 'Better Breaks' Grants Programme Taking Applications

The Better Breaks programme provides 12-month grants to third sector organisations to develop and deliver short breaks projects and services for children and young people with disabilities (aged 20 and under), and their carers (adult and/or young carers).

A total of approximately £1.2 million is available for the 2019-20 round of this programme. Grants are for one year and will be awarded in March 2019. While the maximum grant available is £50,000, the average grant is more likely to be in the region of £16,000.

The funding can be used for a wide range of short breaks projects and activities. These can include breaks away, days out, and/or shorter, regular activities and sessions. The activities can be for the children and young people with disabilities, for their carers, or for families to enjoy together.

Projects must contribute to at least three of the following key outcomes:

- Children and young people with disabilities (aged 20 and under) will have more opportunities to have fun, develop friendships and do activities they enjoy.
- Carers of children and young people with disabilities (aged 20 and under) will have more opportunities to enjoy a life outside of their caring role.
- Carers of children and young people with disabilities (aged 20 and under) will feel better supported to sustain their caring role.
- Children and young people with disabilities (aged 20 and under) and their carers will have improved wellbeing.

The grants can be used for the following costs that are directly related to the project:

- Contracted/permanent staff costs.
- Sessional staff costs.
- Volunteer costs.
- Training for staff or volunteers.
- Transport costs.
- Equipment required for the delivery of the project
- Office equipment or furniture required for the delivery of the project.
- Office costs directly associated with the project.
- Management and organisational support costs directly associated with the project.

**The deadline for applications is 15 November 2018 (5pm).**

**For more information please go to:-**

<https://www.sharedcarescotland.org.uk/shortbreaksfund/betterbreaks/>