

## RAMH Breakfast Meeting

Tuesday 11th June (8.30am-9.30am)

RAMH Head Office (41 Blackstoun Road, Paisley, PA3 1LU).

This meeting is to help launch our newly developed external training programme aimed at local businesses, agencies and organisations looking to improve and promote positive mental health in the workplace.

Courses will now include a half-day "Introduction to Mental Health", full-day "Mental Health Awareness", full-day "Mental Health Awareness For Managers" as well as the half-day "safeTALK" and two-day SMHFA and ASIST that we currently deliver.

We are inviting any interested parties to join us for this informal, no-obligation breakfast meeting to hear a bit more about the courses from the instructors, and ask any questions they may have around which course best suits their needs.

Please also free to pass along to any contacts you think may be interested.

We ask that anyone wishing to attend emails myself to confirm so we can have an idea of numbers for catering.

### Jade Gallagher

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