



The Robertson Trust, Scottish Government, sportscotland, and Spirit of 2012 have been working together to address the main recommendations in Sport for Change research published in 2017. Launched today, the key elements of the Changing Lives through **Sport & Physical Activity Programme** are:

- The delivery of the £1 million Changing Lives through Sport & Physical Activity Fund, which provides short term additional resource into the sporting and community sector to better address wider individual and community needs through sport & physical activity and support them to become and stay active.
- The development of clear messaging and leadership roles around the Changing Lives Through Sport & Physical Activity approach.
- The development of a range of active and passive learning and development support to build knowledge, skills and capacity. This is targeted at the workforce which supports delivery organisations, and also directly at the delivery organisations themselves, and focuses on effective approaches to delivering change, and on effective organisation

#### The Changing Lives Through Sport and Physical Activity Fund

The fund will directly support organisations delivering sport and physical activity in their communities through a grant allocation and a programme of learning and support, which aims to develop the awareness and skills of individuals to be better able to deliver positive impacts across their communities.

Two-year grants from £30,000 up to £70,000 will be available to organisations meeting key criteria and delivering on the four Changing Lives themes below (see our infographic). In total up to £1 million is available for the Fund.

- Sport for Inclusion
- Sport for Health and Wellbeing
- Sport for Skills
- Sport for Communities

**Find out more about the fund, including how to apply, [here](#).**

Our Director, Kenneth Ferguson, said: “The Robertson Trust has a long history of championing and funding sports and physical activity where it delivers wider outcomes for individuals and communities. Our learning from this work is that positive change is most likely to happen when organisations understand their communities, have a focus on the change they want to deliver and have the right mix of internal skills and capacity to make it happen.

"We are delighted to be able to invest up to £500,000 into this programme and to be working in partnership with sportscotland, Scottish Government and Spirit of 2012 to develop it. We believe it offers a real opportunity to strengthen our existing system for sport in Scotland and to support more sporting organisations to make a difference within their communities."

Visit their website for more information:

<https://www.therobertsontrust.org.uk/news/changing-lives-through-sport-and-physical-activity-programme-launches>