

# **Taster Session: Wellbeing resources for supporting young people**

This taster session is organised jointly by National Third Sector GIRFEC Project and Storyworlds Life. It provides a chance to explore the two resources: ***Wellbeing Bingo*** and ***Important to me: Scrambled***. Come and see how these valuable tools could help you in your work with young people.

**Date:** Monday 17th September 2018

**Time:** 9:30am - 3pm (approx.) with refreshment and lunch provided

**Cost:** FREE (limited to 2 places per organisation)

## **Who should attend:**

It is open to practitioners in the third and statutory sector, who:

- run a youth group; and/or
- support young people to improve their health and wellbeing

**For further details about the resources and how to book a place, please visit this link.**

<https://www.eventbrite.co.uk/e/wellbeing-resources-to-support-young-people-wellbeing-bingo-important-to-me-scrambled-tickets-48915073301>