

Scottish Recovery Network Update

I just feel a little bit more hope - Panda's story

This short animation (1 min, 42 sec) explores Panda's experience of participating in a Write to Recovery group and the positive impact on their mental health.

<https://youtu.be/eIDWKJFUac0>

What is the Making Recovery Real approach?

Interested in co-production in action? This September SRN's You Tube channel will premiere a trailer about Making Recovery Real in Dundee which has significantly changed the dialogue about recovery, mental health and wellbeing in the area. Subscribe and join us online for the premiere

<https://www.youtube.com/channel/UCyeca8K60CRbhfb-MkySjRQ>

Scottish Recovery Network appoint Assistant Director

We are delighted to announce that Louise Christie has been appointed as SRN's new Assistant Director <http://bit.ly/2Y0DSwv>

Louise Christie: What Peer Means to Me

As part of our new series, Louise Christie, Assistant Director at SRN, tells us what peer means to her <http://bit.ly/2XWY5g>