

SAY
women
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SAY WOMEN
**CONVERSATION
CAFE**
PEER EDUCATION – SELF HARM

THE PEER VOLUNTEERS AT SAY WOMEN CAN ARRANGE TO COME TO YOUR SERVICE, WITH THE VOLUNTEER SUPPORT WORKER (VSW) AND DELIVER A SESSION. THE AIM IS TO HELP STAFF ADAPT THE WAYS THEY SUPPORT SURVIVORS; ESPECIALLY AROUND SELF-HARM. ALL WOMEN INVOLVED ARE SURVIVORS OF CHILD SEXUAL ABUSE, RAPE AND SEXUAL ASSAULT; MOST WITH EXPERIENCE OF HOMELESSNESS. THEY WELCOME ANY QUESTIONS WORKERS MAY HAVE AROUND SELF-HARM, NO MATTER HOW SENSITIVE THE ISSUE. THE WOMEN WILL BE DEVELOPING OTHER AREAS RELEVANT TO SUPPORTING SURVIVORS AND WILL SOON BE OFFERING SESSIONS ON OTHER AREAS.

PLEASE CONTACT **KATIE SHEVLIN** FOR MORE INFORMATION ON
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