

IMPACT Training on smoking and mental health
14th March 2019
10.00am to 12.30pm
Engage Renfrewshire Offices
10 Falcon Crescent
Paisley
PA3 1NS

Engage Renfrewshire in partnership with ASH Scotland are running a session on *IMPACT (Improving Mental and Physical Health - Achieving Cessation Targets)* training is based on ASH Scotland guidance developed for staff working in community-based (non-NHS) mental health support services.

The full training course comprises a one-hour online session (two modules, each with a quiz at the end) and a two-hour face-to-face session. **The online training modules (and quizzes) must be completed in advance of attending the face-to-face session;** instructions on how to register and complete the online session are attached to this email. The pass mark for each of the quizzes is 7 out of 10 and you can have multiple attempts to complete each quiz before you finally submit it.

Please note: you will need an Enrolment Key to ‘unlock’ the e-learning website: this only needs to be used once to access the IMPACT modules. Your Enrolment Key is **ASHScotland11** – please enter it carefully, as it is case-sensitive!

The IMPACT Guidance booklet, on which the training is based, can be accessed via <https://impact.scot/impact-guidance-2/>.

The aim of the guidance - and the training - is:

- to help organisations consider ways in which they can address the significant health inequalities that can be worsened by the continued smoking of the people they support;
- to increase the knowledge and confidence of staff around related topics;
- to suggest ways in which staff may be able to discuss the subject with the people they help support;
- to provide information about free, specialist stop-smoking support and advice that is available to all.

Before you begin the training, please complete this brief survey to gauge your current levels of knowledge and confidence in relation to smoking and mental health: https://www.surveymonkey.co.uk/r/IMPACT_pre-training_survey_NATIONAL.

To book a place please contact smiller@engagerenfrewshire.com