

Information Day

Are you Caring for Someone with Dementia?

Tue 27th March 10.30am-1.30pm
Venue – Renfrewshire Carers Centre

We see from our records that you may be caring for someone with Dementia / Alzheimer's and this email is to invite you along to find out about what services are available to support you and the person you care for in Renfrewshire.

We shall have information regarding Power of Attorney/Guardianship, Alzheimer's Scotland, Falls prevention, TeleCare, ROAR, Post diagnostic support etc.

Please note the person you look after is welcome or you can make an enquiry to the Centre regarding respite.

Workshops planned:

- **Stress Management**
- **Music**
- **Helpful Everyday Tips**

To book your place please email: Tracy@renfrewshirecarers.org.uk