

Comic Relief Funding

Grants are available for new or existing work in the UK, Ghana, Uganda or Rwanda that combines sports based approaches with quality mental health support to reduce distress and/or improve mental wellbeing.

Fund Information

Funding body:	Comic Relief
Maximum value:	£ 450,000
Application deadline:	31/05/2019

Objectives of Fund

Comic Relief has launched the new Ahead of the Game, Sport and Mental Health funding call to support projects that work with the most marginalised people, in the most disadvantaged communities in the UK, Ghana, Uganda, and Rwanda.

The funding has two aims:

- To support new or existing work that combines sports based approaches with quality mental health support to reduce distress and/or improve mental wellbeing.
- To contribute to the growing body of evidence by learning from projects about what approaches are effective for whom, in what contexts.

The fund will support work in the United Kingdom, Ghana, Uganda and Rwanda.

- In the UK the focus is on supporting organisations to use sports-based approaches to support people who are already experiencing mental health problems, whether these are self-determined or diagnosed.
- In Ghana, Uganda and Rwanda, the funding will support the following:
 - Organisations to deliver sports based approaches in communities where they can demonstrate people are at high risk of developing mental health problems.
 - Organisations to deliver sports based approaches who are working with those already experiencing mental health problems.

<https://www.comicrelief.com/funding/current-opportunities/ahead-game-sport-and-mental-health>