

Ferguslie

Walking Buddies

Walk your way to better health!

FREE

Every Tuesday at 12.45pm—1.45pm

Leaving from

The Tannahill Centre

76 Blackstoun Road

Paisley

PA3 1NT

If you enjoy walking, why not join us for some company,
friendly chat and a cuppa afterwards

A great way to get active and make some new friends!

Outdoor for approximately 1 hour, suitable for all abilities

For further information Tel: 0141 258 9923

Email: info@activecommunities.co.uk

www.activecommunities.co.uk

Buggies Welcome!

