

**NATIONAL CARERS WEEK  
MONDAY 12<sup>TH</sup> JUNE – SUNDAY 18<sup>TH</sup> JUNE 2017  
PROGRAMME OF EVENTS**

**MONDAY 12<sup>TH</sup> JUNE**

11.30am	Launch of Carers Week – Diane Goodman, Centre Manager
11.35am	Speaker – Councillor Iain Nicolson Leader of Renfrewshire Council
11.45am	Speaker - Meg Wright – Carers Trust Director (Scotland and Northern Ireland)
11.50am	Speaker - Jim Carruth – Scotland’s Leading Rural Poet, Caring Poem
11.55am	Annual General Meeting
12.15pm	Carers Community Choir
12.30pm	Lunch

**WEDNESDAY 14<sup>TH</sup> JUNE**

1.00-3.00pm	Healthy Eating and Thinking
5.00-8.00pm	Pamper Evening Cheese, wine and holistic therapies for carers who cannot manage into the centre during the day (Please call to book an appointment)

**THURSDAY 15<sup>TH</sup> JUNE**

10am-2pm	Pamper Day – nails, holistic therapies and make overs & lunch provided
11.30am	(Please call to book an appointment)
12.00pm	Renfrewshire Carers Choir performing at Braehead information stand Lunch @ Braehead for Carers and Volunteers

**Please note the Carers Cup will be held on Friday 30<sup>th</sup> June this year –  
7pm – late Quiz and Cocktails/Mocktails**

**INFORMATION STALLS THROUGHOUT CARERS WEEK**

RAH	INTU BRAEHEAD SHOPPING CENTRE	SAINSBURY’S BRAEHEAD	ERSKINE HOME
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FOR MORE INFORMATION CONTACT US ON 0141 887 3643

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EMAIL [ENQUIRIES@RENFREWSHIRECARERS.ORG.UK](mailto:ENQUIRIES@RENFREWSHIRECARERS.ORG.UK)

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