

My Story 365

Young Scot have been leading an exciting project during *Year of Young People 2018* called **My Story 365**. You may already be familiar with My Story 365 which tells the stories of young people aged 8-25 across Scotland every day of the year. Prior to 2018, young people in Scotland told us how important it was to them to have their voices heard and to be able to express themselves.

This is a fantastic opportunity for young people to participate in the year and contribute to a truly meaningful piece of work that will allow the people of Scotland to better understand what it means to grow up in Scotland. As incentive for taking part, young people can claim **250 Reward points** and could have their story featured and celebrated online!

It would be great if you could share the following information with any relevant young people that you work with. You can be as creative as you want about this – My Story 365 can be used as a lesson filler; can be used to as an exercise for blogging, an essay or group work; or you might want to tie in your own incentive to inspire young people to take part!

We've had an amazing breadth of stories so far, but I'm writing to you because we'd be particularly keen to hear from a few more young people from a range of backgrounds and locations across Scotland. We are really trying to reflect the diversity of thought and experience of young people across Scotland. I have attached the form which we are asking young people to complete, as we would be delighted to feature some of your young people throughout the remainder of the year.

It only takes a few easy steps! Any young person can:

- Visit www.mystory365.scot, sign up and login – all the information and forms can be found on the portal
- **Or...** can post their story on Twitter or Instagram using #MyStory365
- You can spend anywhere between 5 minutes to an hour completing the form – work at your leisure, and include as much or as little as you like!
- Send in a submission along with a photograph
 - If a young person is not comfortable with sending in a picture of themselves, alternatively they can provide a photography of a space, place or activity relevant to the story

My Story 365 will predominantly be hosted on our site www.mystory365.scot. The format will allow us to link our images, videos and stories to other social media platforms such as Instagram, Twitter and Facebook. You can search the hashtag #mystory365 to find out more!

There is no closing date as we will be showcasing these images throughout 2018, so keep sending them in and follow Young Scot on Instagram and Twitter to keep up to date!